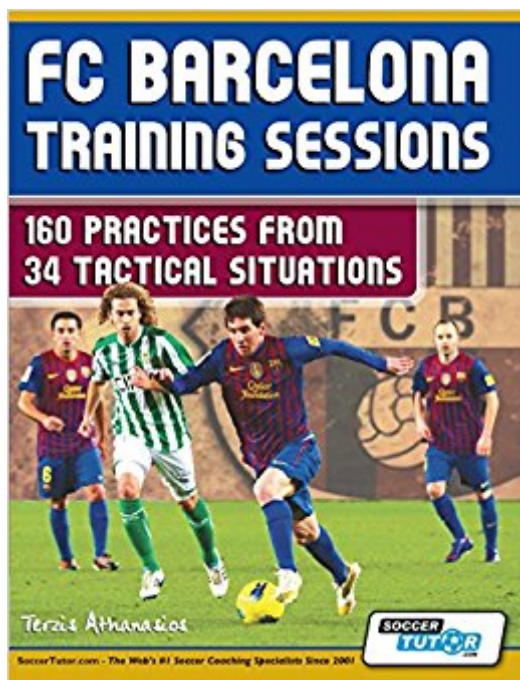


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FC Barcelona Training Sessions: 160 Practices From 34 Tactical Situations



Synopsis

This special book in full colour features 34 game situations of Pep Guardiola's Barcelona team, often described as the best ever. These 34 game situations (analysis) has been used to produce 34 sessions (160 practices) including quick passing functional practices, patterns of play, possession games, transition games, opposed/unopposed zone play, game situations and small sided games. In short, this book will help you coach your team 'The Barca Way.'

Book Information

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Customer Reviews

Great book with great ideas for coaches and players to learn from

Not a usable resource. The material must be available electronically. Not being able to access the material electronically made it essentially worthless. Waste of \$

Excellent

Nice

Great book, full of detailed information in an easy to understand format. Plenty of drills for the coach looking to improve thier teams understanding and game play.

It is a great book.

I also have the FC Barcelona: A Tactical Analysis Attacking and Defending Books which are fantastic if you want the full tactical blueprint of what I believe is the best club side to play the game. Those books analyse each phase of the game and every conceivable game situation. I cannot fathom how long it must have taken to produce these books with so much detail. I was so happy when this book (FC Barcelona Training Sessions - 160 Practices from 34 Tactical Situations) was released because I really wanted full sessions to go along with the analysis. I was not disappointed as this book contains some of the finest practices and progressive sessions I have ever seen. The amount of content provides great value for money and this book really is a must have for any coach. The sessions begin with the technical breakdown of Barca's play and progress to new and innovative possession games, transition games and small sided games. Each session focuses on a specific phase of play and game situation, such as RECEIVING IN BEHIND THE MIDFIELD LINE AND APPROACHING THE THIRD STAGE OF ATTACK and RETAINING BALANCE DURING THE ATTACKING PHASE: THE DEFENSIVE MIDFIELDER'S ROLE. What I find most incredible about this book is that it teaches the technical side of the game so well, but also covers every tactical situation you can think of and teaches you about team shape, cohesion at all times to prepare for the transition phase and each player's role and responsibilities. To have all this information in one book (every phase including the transition phase) means you have a complete training program for your team in the mold of Guardiola's great side.

The authors previous books; "FC Barcelona: A Tactical Analysis - Attacking and Defending" provides full extensive analysis of FCB pattern of plays in all 4 phases of the game, the detail is incredible. With this sequel book, the author has taken FC Barcelona's most common 34 tactical game situations (pattern of plays that happened a lot and FCB main characteristics in their style of play) and follows a full session on how to practice it. The analysis is presented very well which is easy to understand and follow. What makes this book so great is the sessions that follow then game situations are presented with clear diagrams and each drill is progressive with many variations. My chosen heading may seem like a big statement but its true, it's most definitely a 5* book but don't just take my word for it... It has just been awarded "Best book for Technical category for 2014" its a Literary Award "Antonio Ghirelli", organized by the Italian Football Association.

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